

“ 2018 is the year of better access and control of health information. My Health Record allows doctors and health providers to quickly access documents containing critical pieces of information which means you don't have to recall your medical history every time you visit them. ”



Dr Chris Moy
General Practitioner



My Health Record

My Health Record Information Sessions in your Community

My Health Record is a secure online summary of your health information. You can choose to share your health information with doctors, hospitals and other healthcare providers.

My Health Record helps you keep track of your health. It means your important health information like medical conditions, allergies, treatments, medicine details, shared health summaries, test or scan reports and immunisation details will be available in one secure place.

MANNUM – 08/08/2018

General Information

- What is the My Health Record
- What you need to know
- How to access your My Health Record
- How to Opt out

Special Information session for Carers and their families

- General information
- How to register your carer relationship
- Relevance to My Aged Care and NDIS

Families and Sporting Communities

- General Information
- Linking your family
- Benefits for Children
- Options for Young People aged 14- 18
- Using Digital Health tools for Healthy Living

VENUE: Mannum Motel
TIME: 1:30pm

VENUE: Mannum Motel
TIME: 10:30am

VENUE: Mannum Football Club
TIME: 7:00pm

More information can be found at:
www.myhealthrecord.gov.au

